

# **FREE THETAN**

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

August 2020 Volume 11 Issue 8



Probably the most neglected friend you have is you —SELF ANALYSIS

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# NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN Volume 10 Issue 8 August 2019

**Editor in Chief**Michael Moore

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L. Ron Hubbard Michael Moore Sebastian Tombs Harry Seldon And many others

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<u>independent-scientologists-association.net</u> Email address: support@internationalfreezone.net

# **Important**

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~



The Members Quarterly Journal of the

Association of professional Independent Scientologist

Preserve, Protect & Promote

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reservo, servo, proveho





reservo, servo, proveho

Dear Reader,

Who is the person who most needs you? Most needs your help and support?

YOU.

It starts with yourself. The first dynamic. If you are fine and dandy then you are in a position to expand on the other dynamics. If you are not, then you will not be in a position to help others. This does not mean one has to be wealthy. Just that one looks after oneself. Ensures the body is as healthy as it can be. That one is progressing up the bridge and getting more and more educated with regard to the applied philosophy and technology.

To not do so is a disservice to oneself and ones immediate family and friends, not to mention the wider community.

So what could you do today to enhance your own well being?

Enjoy this issue

Until next time.

Michael Moore Editor

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### The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, deappear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

#### The Aims of APIS

To contribute towards having a sane soci- "Man suspects all offers of help. He has ety by the promotion, expansion and application of the technology to the point where people can live their lives in peace trust and been betrayed. We may err, for and security and without war or insanity we build a world with broken straws. But and where they can honestly flourish and we will never betray your faith in us so prosper and attain higher levels of spiritulong as you are one of us. al being.

APIS is non political in nature and welcomes any individual of any creed, race And may a new day dawn for you, for or nation.

APIS does not seek revolution. APIS Our aims are simple, if great. seeks only to assist in paving the way for evolution to higher states of being for the And we will succeed, and are succeeding individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough Your help is acceptable to us. has been made for man by Lafayette Ron Hubbard with the philosophy and the Our help is yours." technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand ~000000~ years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and help-

ing others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, spite holding a copyright on these aims the the job of promoting and applying this Church of Scientology, RTC and the CST do not technology is not easy. But then, if it were, we wouldn't have to be doing it.

> APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### As Ron says:

often been betrayed, his confidence shattered. Too frequently he has given his

The sun never sets on Scientology.

those you love and for man.

at each new revolution of the Earth.

'The Aims of Scientology' -- Lafayette Ron Hubbard

## **CERTIFIED AUDITORS & GROUPS**

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification process</u>.

#### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. standardtechauditor@yahoo.ca

#### **USA**

Southern Cal tech Team
Standard LRH Bridge
Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

#### Los Angeles, California

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge info@adcian@yahoo.com

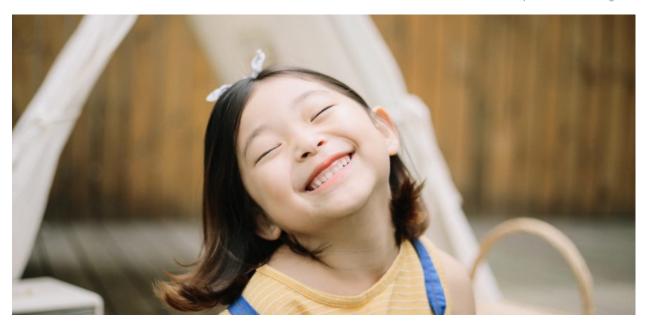
Ingrid Smith
From Life repair to OT4
ingridsmith123@yahoo.com

#### **Scotland**

Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V Ken Urquharturg@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

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## AN IDEAL STATE OF BEING

Extract from Handbook for preclears by L. Ron Hubbard

Before one can determine what is wrong with a state of being, one should have some idea what an ideal state of being might be. In other words, before one can repair, for instance, a radio, one must have some knowledge of what the radio is supposed to do and how well it could play in a good state of repair.

What, it should have been asked a few millennia ago, is an ideal state of being for Man? In what state of mind does he best prosper? What is a well man? What is a happy man? What are the goals of Man? In what state of mind and body does Man live longest and fare best? What does Man want to do? What is he trying to do? What is he?

Before one could presume to advance libido theories and pre-frontal lobotomies and magic healing crystals, one should have had some idea of the goal of his efforts.

The engineer in repairing a bridge, has to have some idea of what a bridge is supposed to do, what loads it is supposed to carry, how strong it has to be and what might be expected to wreck it again. This is simple reasoning. The engineer does not look at this bridge he is supposed to repair, sigh, say the problem is too complicated, bicker with several other "authorities" on bridges, put some dynamite in the wrong place and blow it up and then wonder why there isn't any bridge left and begin to explain to passers-by that he was called too late, that was all, that bridges aren't much good anyway.

Yet one fears this has been the method of address to the problem of the human mind and body.

To begin a rehabilitation of a human mind and body, one should know something about their optimum state. That would be the beginning of the answer as to how the mind and body could be rehabilitated. Further, it would be the beginning of an answer as to what environment and conditions best favor the human body and the human mind. After that, one could devise means of achieving an optimum condition.

In this new science there are over two hundred axioms which, one to the next, form a logical

structure concerning the mind and body, which structure is demonstrated to be workable by the discovery of many new phenomena. This structure also predicts where phenomena might be found— and when one looks to see if the prediction was true, finds that it is.

Accomplishments which people are calling miracles come about because of the logic and phenomena of these axioms.

The goal of Man here on this earth is apparently "SURVIVAL." And by survival is meant everything necessary to survival including honor and morals and idealism and other things which make life bearable. A Man survives as long as he can in one lifetime at the highest level he can attain in activity and happiness. When he can no longer attain to some hope of this ideal, he succumbs. And although one is chary of exciting incredulity, the fact is so easily demonstrated in so many ways with such machine-like scientific consistency, it should be known that Man apparently dies in body only and gets born to live another day. The value of death is not small since without death Man would still be an algae in the sea, without death Man would be forced to live in a body which no longer fitted the environment. Your auditor can show you such an incident as an earlier death unless you are very occluded. Death has lost its sting in this new science and is seen to be rather practical after all.

Physically, on the evolution chain, Man is attempting a greater and greater control of his environment. The environment does not control a healthy Man. He controls the environment. The surroundings of a sick Man, a neurotic or insane Man have a tendency to control him. One sees this clearly as one advances, by this new science, into happier states of mind. One's health and ability rises directly as one asserts greater and surer control over his surroundings. Conversely, one asserts better and better control of his surroundings as he becomes healthier and happier.

Thus there is a second goal. Man is evidently surviving to attain a higher and stronger control of the physical universe. The physical universe is composed of matter, energy, space and time. The coined word for the physical universe in this new science is "MEST." That is easy to remember because it is composed of the first letter in each of the four words, "Matter," "Energy," "Space" and "Time."

Of course Man may have other goals outside of the physical universe, but we note that he is most concerned here on earth with a conquest of MEST. Naturally he is concerned about his fellows and living organisms in general for he is in a sort of brotherhood with all life.

Life in general is engaged upon this conquest and Man is the highest form of Life on earth. Without this cooperative effort of all life, a conquest of the physical universe or even survival on a barest necessity basis would be impossible. Man is sufficiently complex as a mechanism that he must live upon lower orders of life which only in their turn can take sunlight and chemicals and evolve complex foods such as proteins.

Now one hopes that his reader is not engaging upon that trick common to many readers—people often search and recall only items which validate their old ideas. Pick up a book on philosophy which has been read by a reader who underscores with a pencil and one will find that the most utter banalities have been noticed; only things which AGREED with the old ideas of the reader were noted. One often wonders why such a fellow reads at all. The data in this new science aren't isolated opinions but a structural whole and with that whole one can accomplish an occasional miracle and can almost always effect a marked improvement in an individual. This has never been done before with any consistency, and so one hopes that these data are being studied a little for themselves, not for how well they may agree with old ideas.—and old ideas produced unhappiness, starvation, quick death, wars, insane asylums and much other unwanted bric-a-brac. This is not just a plea for understanding. If you want to get better than you ever could have been before, let's try these on for size and wear them until we clearly see their workability. If, after a thorough trial, you find they do not work, then you have every right to discount them. One can say this to you

without any fear that you'll discover otherwise—too many miracles have been happening in this new science.

The list of axioms in the back of this book will give you definitions for pain, pleasure, anxiety and other such things in case you are curious. Here we are only treating the ideal state of being in the framework you will need to pursue the exercises in this volume.

The first item in the ideal state is I AM. Shakespeare was quite correct with his question, "To be or not to be?" When a Man is trying to make a decision, that decision breaks down into a matter of choosing one of two courses: to be or not to be. The highest level of the desirable state is I AM. No doubts of the advisability of being, no qualms about the future. The lowest level on a survival course would be I AM NOT. In between we have the doubts and writhing and indecision's of the weary, the angry, the frightened. When a Man has made up his mind as to a course he is only then comfortable. So long as he hangs in a maybe on any decision he is uncomfortable. In any course there are just two decisions possible, to assume a state of beingness or to assume a state of not-beingness.

Included in these pages is a tone scale which is fronted with its own descriptive data.

The ideal state of being is to be found across the top of that scale. The states of death or not-beingness are found across the bottom of the scale.

And here we have the matter of gradient scales. Successes are little bits of living. Failures are little bits of death. Like the battle that was lost all for the loss of a horseshoe nail, a small failure can begin a series of failures which end in actual death. Not that death is very important, besides being painful, but that one tends, then, to give a very heavy weight to failures.

The ideal state of being could be said to be wholly successful in all things. This is opposed by being so unsuccessful that one is dead.

The next point in the ideal state of being is I KNOW, opposed by I KNOW NOT. Doubts, worries, grinding efforts at study, all these are simply gradients between I KNOW and I KNOW NOT. What Man does not quiver a trifle when confronted with the Unknown?

The next point in an ideal is SERENE. This drops away and, at the bottom rung, having gone downwards through Exhilaration, Enthusiasm, Cheerfulness, Antagonism, Anger, Fear, Grief and Apathy is DEAD.

TRUST is the ideal point on the scale of TRUST DISTRUST. The most distrustful one can become is, again, dead.

The ideal point of longevity would be ALWAYS in a perfect body. The bottom of that scale would again be *dead*.

FULL RESPONSIBILITY would be in an ideal, opposed by NO RESPONSIBILITY as an undesirable state.

And finally, but not least, there is CAUSE and EFFECT. The subject of CAUSE and EFFECT is so important that it will be mentioned several times in the exercises themselves.

One's ideal state is to be the CAUSE. The least desirable state would be EFFECT. The ultimate in being EFFECT is death.

Thus we have a brief statement of what an ideal state might be. Only a few of the points have been given but they will serve.

Ideally, one would be fully aware of being and would *be*. That is I AM. One would be entirely SUCCESSFUL. One would KNOW. One would be SERENE. One would TRUST. One would be in perfect HEALTH physically. One could assume FULL RESPONSIBILITY. And one would be CAUSE without being unwilling to be CAUSE.

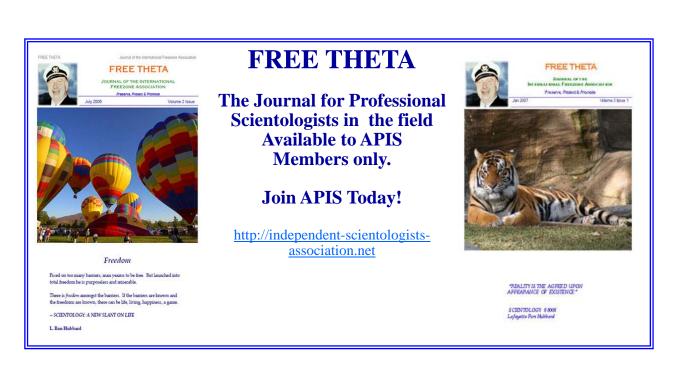
Of course, it would be not entirely desirable to attain these ultimates since one would then lack for action. But attaining them as nearly as possible would be a desirable condition. The odd part of it is, when one drops on any one of these things he drops on all the others, so interactive are these portions of life.

This volume and its exercises and auditing seek to assist the individual upwards toward this

state of being which one could call ideal. How closely the individual may attain such a state depends largely upon his own willingness to work at the matter rather than the validity of the tenests themselves

An ideal state of being, it goes without remark, would not include illnesses and inability to control oneself or his environment. Control of oneself and one's environment depend upon his attainment toward the ideal state of being.

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## A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor



## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

#### **Exercises One, Two and Three**

#### Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

- "Recall a time which really seems real to you."
- "Recall a time when you were in good communication with someone."
- "Recall a time when you agreed to something."
- "Recall a time when somebody disagreed with you."
- "Recall a time when you liked somebody."
- "Recall a time when someone agreed with you."
- "Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

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# Wins and Successes in the Scientology Independent Field

#### Here is a Training Routine 0

A couple of very interesting things occurred to me recently while doing TRO. About 5 minutes into the drill I suddenly could see every fine detail of my twin's face (little hairs on his forehead). I cannot see them without my glasses. As soon as I realized what was happening I invalidated it and could no longer see them. Later that same day I suddenly became aware that the "machinery" suddenly shut off for about 10 seconds. Look up "machine" in the Tech Dictionary. This was very cool, I suddenly felt a calmness not normal to me. Also, in everyday life, my life is going smoother since doing lots of TRO. Thank-you to everyone responsible (you know who you are, and of course LRH).

#### **Upper Indoctrination Training Routines**

I was drilling Upper Indoc TR's (TR 8) today with my coach, Mike. While doing Tone 40 on an ashtray I started having lots of cognitions. I am a student auditor and doing OK, but maybe not as great as I would like. Suddenly, while doing the drill I started to realize how tone level, controlling the session, controlling the PC, were all related to this drill. Then I realized this drill is extremely important and extremely valuable. W.O.W.!!!! Sometimes the number of times through a drill does make a difference. I am looking at being a student auditor a lot differently now. Thank-you Mike, Carolyn, and Ingrid and of course LRH for putting it all there.

Bill Poore, student at Life Training Center, Glendale, CA

#### **Solo NOTs Internship**

Well, it's been a great ride so far. I'd have to say that this internship truly gives you wings of freedom. It takes you from a fledgling to a full grown, confident and proud eagle. It's odd to say but I think I was particularly fortunate to have done this internship in the midst of the COVYD outbreak. With all the fears, uncertainty, misinformation, and politicizing, broadcast and splattered into our lives etc. I was able to get into session and separate out the wheat from the chaff so to speak.

My analogy of auditing at this level is that I liken it to driving down an old country road, miles away from the city at night and the moon and stars are out, and it's just you and all you have is the ol AM radio.

The signal is fuzzy and full of static and noise, unpleasant, and lucky you, you have the tools (thanks to LRH) to fine tune this ol AM radio and session to session you take out a bit of the fuzz and static, and at first you don't notice, but as you drive on and day by day (session by session) and take out a bit more noise and static and drive around a few turns, then it happens, it starts to get more pleasant and you start getting a clearer signal, and there is much rejoicing.

But wait, there's more. It's monophonic and muddy sounding. Your perception is a bit higher. There's a whole new level of tuning and clarity, and off you go again. The highway turns and you start heading a different direction

Well, I left a little part out. for the sake of the story. You're actually not by yourself.

While driving down this road you have OnStar, in this instance it's your case supervisor who provides you gentle reminders and guidance thru the fine tuning process so you don't drive off the frigging road while tuning the radio. What a journey.

Looking forward to continuing.

Thanks to LRH, Ingrid (my OnStar guidance system through this whole internship) and those assisting me on this journey.

#### Grades

I had an wonderful experience 2 days ago , I've been doing grades with my auditor john and find things moving faster since we finishes my overts and withholds! i came to session and john said ,, today were going to do some listing and nulling (which i knew nothing about) so john showed me references and it seemed fairly easy. he asked me THE question and i started coming up with answers no big deal??? (i thought) after about 6 i think it was i started in the back of my mind to run out of answers,,,,, john stopped ,as if he knew? NOW ILL NULL THE LIST he said and started repeating TO ME what id said to him ,so about half way down he stopped again, and suddenly said what my item was (one of the things id said to him, ,but this time i almost fell out of the chair i felt so light and Said yes THATS IT I GUESS ,, and whooooosh i started feeling light and fresh and full of energy like id lost 10lbsl john said your needle is floating and i told him what had happened he simply said ,,,great I'm going to end the session,,,end of session.never asked me if i wanted to say anything like usual(and i realised it was because he likely knew there was too much happening to me????fantastic experience ever and cleared up something id been stuck in for years ,,thank you john you rock and to LRH for this FANTASTIC way of handling things

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#### Extract from:

# Dianetics: the Original Thesis

#### By L. Ron Hubbard

#### **PRIMARY AXIOMS**

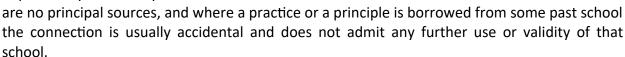
Dianetics is an heuristic science built upon axioms. Workability rather than Idealism has

been consulted. The only claim made for these axioms is that by their use certain definite and

predictable results can be obtained.

The principal achievement of Dianetics lies in its organization. Almost any of its parts can

be found somewhere in history, even when they were independently evolved by the writer. There



Dianetics will work, and can only be worked, when regarded and used as a unity. When diluted by broader applications of older practices, it will no longer produce results. To avoid confusion and prevent semantic difficulties, new and simplified terminology has been used and is used only as defined herein.

Dianetics is actually a family of sciences. It is here addressed in the form of a science of thought applicable to psychosomatic ills and individual aberrations.

The field of thought may be divided into two areas which have been classified as the "knowable" and the "unknowable." We are here concerned only with the "knowable." In the "unknowable" we place that data which we do not need to know in order to solve the problem of

improving or resolving aberrations of the human mind. By thus splitting the broad field of thought, we need not now concern ourselves with such indefinites as spiritualism, deism, telepathy, clairvoyance, or, for instance, the human soul.

Conceiving this split as a line drawn through the area, we can assign a dynamic principle of existence to all that data remaining in the "knowable" field.

After exhaustive research one word was selected as embracing the finite universe as a dynamic principle of existence. This word can be used as a guide or a measuring stick and by it can be evaluated much information. It is therefore our first and our controlling axiom.

The first axiom is:

#### SURVIVE!

This can be seen to be the lowest common denominator of the finite universe. It embraces all forms of energy. It further delineates the purpose of that energy so far as it is now viewable by us in the "knowable" field. The activity of the finite universe can easily be seen to obey this axiom



as though it were a command. All works and energies can be considered to be motivated by it. The various kingdoms have this as their lowest common denominator, for animals, vegetables and minerals are all striving for survival. We do not know to what end we

are surviving, and in our field of the "knowable" and in our choice of only the workable axioms,

we do not know and have no immediate reason to ask why.

All forms of energy are then surviving to some unknown end, for some unknown purpose. We need only to know that they *are* surviving and that, as units or species, they must

survive.

By derivation from the first workable axiom, we come into possession of the second. In obedience to the command "survive," life took on the form of a cell which, joining with other cells, formed a colony. The cell, by procreating, expanded the colony. The colony, by

procreation, formed other colonies. Colonies of different types united and necessity, mutation and

natural selection brought about specializing which increased the complexity of the colonies until

they became an aggregation. The problems of the colonial aggregation were those of food, protection and procreation. In various ways a colonial aggregation of cells became a standardized

unity and any advanced colonial aggregation came into possession by necessity, mutation and natural selection of a central control system .

The purpose of the colonial aggregation was to survive. To do this it had to have food, means of defense, protection and means of procreation. The control center which had developed

had as its primary command, Survive! Its prime purpose was the food, defense, protection and

means of procreation.

Thus can be stated the second workable axiom:

THE PURPOSE OF THE MIND IS TO SOLVE PROBLEMS RELATING TO SURVIVAL.

The ultimate success of the organism, its species or life would be, at its unimaginable extreme, immortality. The final failure in obedience to the law *survive* would be death. Between

eternal survival and death lie innumerable gradations. In the middle ground of such a scale would

be mere existence without hope of much success and without fear of failure. Below this point would lie, step by step, innumerable small errors, accidents, losses, each one of which would tend to abbreviate the chances of reaching the ultimate goal. Above this point would lie the small

successes, appreciations, and triumphs which would tend to secure the desirable goal.

As an axiom, the mind can then be said to act in obedience to a central basic command, *survive*, and to direct or manage the organism in its efforts to accomplish the ultimate goal for the individual or species or life, and to avoid for the individual or species or life any part of the final failure, which leads to the stated axiom:

THE MIND DIRECTS THE ORGANISM, THE SPECIES, ITS SYMBIOTES OR LIFE IN THE EFFORT OF SURVIVAL.

A study of the field of evolution will indicate that survival has been, will be, and is the sole test of an organism, whether the organism is treated in the form of daily activity or the life of the species. No action of the organism will be found to lie without the field of survival, for the organism is acting within its environment upon information received or recorded, and error or failure does not alter the fact that its basic impulse was motivated by survival.

Another axiom may then be formulated as follows:

THE MIND AS THE CENTRAL DIRECTION SYSTEM OF THE BODY, POSES, PERCEIVES AND RE-SOLVES PR OBLEMS OF SURVIVAL AND DIRECTS OR FAILS TO DIRECT THEIR EXECUTION.

As there are many organisms in the same species, all attempting to accomplish the same end, and as there are many species, and as matter itself is attempting in one unit form or another to survive, there is necessarily conflict and contest amongst the individuals of the species, species, or units of matter. Species cannot survive without being interested primarily in the species.

Natural selection and other causes have established this as a primary rule for survival: *That the unit remain alive as long as possible as a unit and, by association and procreation, that the species remain alive as a species.* Second grade interest is paid by the unit or the species to its symbiotes.

Third grade interest is paid to inanimate matter. As this is apparently the most workable solution, natural selection best preserves those species which follow this working rule. And the symbiotes of the successful species therefore have enhanced opportunity for survival.

Man is the most successful organism currently in existence, at least on this planet. Man is currently winning in the perpetual cosmic election which possibly may select the thinker of the new *THOUGHT*.

Man is heir to the experience and construction of his own ancestors. As cellular conservatism is one of the factors of survival, his brain is basically the same brain which directed and resolved the problems of his animal forebears. By evolution and natural selection, this brain therefore has the primary priority in emergencies. Superimposed on this animal brain has been developed an enormously complex analyzer, which probably exists in his frontal lobe.

The command, *survive*, *is* variable in individuals and species to the extent that it may be strong or weak. Superior strength of the command in the individual or species is normally, but variably, a survival factor. The primary facet of personality is the basic strength of the DYNAM-IC drive.

The DYNAMIC is variable from individual to individual and race to race. It is varied by physiology, environment, and experience. Its manifestation in the animal brain affects the tenacity of the individual to life or purpose, and it affects the activity of the analyzer. The first characteristic of the individual which should be considered is the basic strength of his *DYNAMIC*. By this

an axiom can be formulated:

THE PERSISTENCY OF THE INDIVIDUAL IN LIFE IS DIRECTY CONTROLLED BY THE STRENGTH OF HIS BASIC DYNAMIC.

The analytical, human or, as it has elsewhere been called erroneously, the conscious mind, is variable from individual to individual and race to race in its ability to perceive and resolve problems. Another axiom can then be formulated:

INTELLIGENCE IS THE ABILITY OF AN INDIVIDUAL, GROUP, OR RACE TO RESOLVE PROBLEMS RELATING TO SURVIVAL.

It should be noted that there is a distinct difference between the DYNAMIC and the intelligence. High intelligence may not denote high DYNAMIC. High DYNAMIC may not denote high intelligence. Intelligence is mental sensitivity and analytical ability. DYNAMIC is the persistency of the individual in obedience to the command, *survive!* 

It has been noted that there is a gradation in the scale of survival. Gains toward the ultimate goal are pleasurable. Failures toward the final defeat are sorrowful or painful. Pleasure is therefore the perception of wellbeing, or an advance toward the ultimate goal. Pain, therefore, is the perception of a reduction toward the final defeat. Both are necessary survival factors.

For the purpose of Dianetics, good and evil must be defined. Those things which may be classified as good by an individual are only those things which aid himself, his family, his group, his race, mankind or life in its dynamic obedience to the command, modified by the observations of the individual, his family, his group, his race, or life.

As evil may be classified those things which tend to limit the dynamic thrust of the individual, his family, his group, his race, or life in general in the dynamic drive, also limited by the observation, the observer and his ability to observe.

Good may be defined as constructive. Evil may be defined as destructive—definitions modified by viewpoint. The individual man is an organism attempting to survive in affinity or contest with other men, races, and the three kingdoms. His goal is survival for himself, his progeny, his group, his race, his symbiotes, life and the universe in general in contest with any efforts or entities which threaten or impede his efforts to attain the goal.

His happiness depends upon making, consolidating, or contemplating gains toward his goal. It is a purpose of Dianetics to pass man across the abyss of irrational, solely reactive thought and enter him upon a new stage of constructive progression to the ultimate goal.

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#### Extract from

# **DIANETICS; THE ORIGINAL THESIS**

#### By L. Ron Hubbard

#### AN ANALOGY OF THE MIND

It is not the purpose of Dianetics to reconstruct the human mind. The purpose of Dianetics is to delete from the existing mind those physically painful experiences which have resulted in the aberration of the analytical mind, to resolve the physical manifestations of mental aberration, and to restore in its entirety the proper working function of a brain not otherwise physically deranged. Dianetics thus *embraces* the various aspects of psychosomatic conditions, including the glandular balance or imbalance of the organism, as influenced by painful physical experience. However, its purpose is not one of healing, and its address is not to such psychosomatic manifestations specifically, but rather to those aberrative experiences in which these conditions have their roots.

The initial adjustments of the individual are included in Child Dianetics and Educational Dianetics. Judicial Dianetics, Political Dianetics and Military Dianetics are elsewhere touched upon or allocated for study. Dianetics, as a family of sciences, proceeds however from the axioms cursorily touched upon in the last chapter and is uniformly governed by the principles of the behavior of the human mind.

When an individual is acting contrary to survival of himself, his group, progeny, race, mankind, or life he can be considered to be unintelligent, uninformed or aberrated. Every single instance of aberrated conduct threatening the general goal of the individual as outlined in the last chapter can be proven to have a source which will specifically be found to be a painful experience containing data not available to the analytical mind. Every single instance and facet of aberrated conduct has its exact causation in the physically painful error which has been introduced during a moment of absence of the analytical power.

Dianetics consists of discovering the aberration in the individual, finding the physically painful experience which corresponds to it and placing the data therein contained at the disposal of the analytical mind. More as an effort to demonstrate how that is accomplished than as an actual outline of the character of the mind, the following analogy is offered.

First there is the physio-animal section of the brain, containing the motor controls, the subrains, and the physical nervous system in general, including the physical aspect of the analytical section of the brain. The control of all voluntary and involuntary muscles is contained in

this section. It commands all body fluids, blood flow, respiration, glandular secretion, cellular construction, and the activity of various parts of the body. Experimentation has adequately demonstrated this. The physio-animal mind has specific methods of "thinking." These are entirely reactive. Animal experimentation—rats, dogs, etc.—is experimentation on and with precisely this mind and little more. It is a fully conscious mind and should never be denoted by any

term which denies it "consciousness" since there is no period in the life of the organism from conception to death when this mind is not awake, observing, and recording perceptics. This is the mind of a dog, cat, or rat and is also the basic mind of a man so far as its operating characteristics are concerned. A man in the deepest possible somnambulistic sleep is still in possession of more mind and thinking and coordinating ability than a lower animal.

The term "consciousness" is no more than a designation of the awareness of *now*. The physioanimal mind never ceases to be aware of *now* and never ceases to record the successive instances of *now* which in their composite make up a *time track* connecting memory in an orderly chain. Cessation of life alone discontinues the recording of perceptions on this orderly track. *Unconsciousness is* a condition wherein the organism is discoordinated only in its analytical process and motor control direction. In the physio-animal section of the brain, a complete time track and a complete memory record of all perceptions for all moments of the organism's existence is available.

As life progresses, for instance, from a blade of grass, greater and greater complexities and degrees of selfdeterminism are possible. Energy in its various forms is the primary motivator in the lower orders, but as the complexity of the order is increased into the animal kingdom, the physio-animal brain attains more and more command of the entire organism until it itself begins to possess the second section of the mind.

All animals possess in some slight degree an analyzer. This, which we designate the *analytical mind, is* present even in lower orders, since it is only that section of the brain which possesses the self-deterministic coordinative command of the physio-animal brain and thus of the body. In a rat, for instance, it is no more than its "conscious" awareness of *now* applying to lessons of *then* without rationality but with instinct and painful experience. This is the analytical section of the mind in a lower animal but it is the *reactive mind* in a man whose *analytical mind is so* highly attuned and intricate that it can command entirely the physio-animal brain and thus the body.

Man not only possesses a superior physio-animal mind but possesses as well an *analytical mind* of such power and complexity that it has no real rival in any other species. The *analytical mind* of man cannot be studied by observing the reactions of animals under any situations.

Not only is it more sensitive but it possesses factors and sensitivities not elsewhere found. Continuing this analogy: Lying between the analytical mind and the physio-animal mind may be conceived the reactive mind. This is the coordinated responses of the physio-animal mind, the "analytical" mind of animals, and the first post of emergency command in man. All errors of a psychic or psychosomatic nature can be considered for the purposes of this analogy to lie in the reactive mind. The first human analytical mind took command of the body and physio-animal mind under strained and dangerous circumstances when man was still in violent contest with other species around him. It can be considered that the analytical mind received command with the single proviso that instantaneous emergency would be handled by the outdated but faster reactive mind.

Any and all errors in thinking and action derive from the reactive mind as it is increased in strength and power by painful experience. It can be called a shadow mind, instantaneously reactive when any of its content is perceived in the environment of the individual, at which time it urgently bypasses the analytical mind and causes immediate reaction in the physio-

animal mind and in the body. Additionally, the reactive mind is in continual presence when chronically restimulated by a constantly present restimulator—which is to say, an approximation of the reactive mind's content or some part thereof continually perceived in the environment of the organism.

The reactive mind is in action so long as it is activated by an exact or nearly exact approximation of its content. But given too continuous a restimulation, it can and does derange both the physio-animal mind and body below it and the analytical mind above it. It was created by deranging circumstances of a physical nature, hence it deranges.

The entire content of the reactive mind is records of physical pain with its accompanying perceptions during disconnection of the analyzer. All aberrated conduct and error on the part of an individual is occasioned by restimulation of his reactive mind.

None of these minds are "unconscious," nor are they subconscious. The entire organism is always conscious but the temporary dispersion of the thought processes of the analytical mind brings about a condition whereby that mind, having been dispersed and considering itself the residence of the person, is unable to obtain and reach data perceived and received by the organism during the analytical mind's condition of dispersion. That the analytical mind can be thrown, by pain or shock, out of circuit is a survival factor of its own: as sensitive "machinery" it must be protected by a fuse system.

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## THE TRUE STORY OF SCIENTOLOGY

# Extract from The book A New Slant on Life By L. Ron Hubbard

The true story of Scientology is simple, concise and direct. It is quickly told:

- 1. A philosopher develops a philosophy about life and death;
- 2.
- 2. People find it interesting;
- 3. People find it works;
- 4. People pass it along to others;
- 5. It grows.

When we examine this extremely accurate and very brief account, we see that there must be in our civilization some very disturbing elements for anything else to be believed about Scientology.

These disturbing elements are the Merchants of Chaos. They deal in confusion and upset. Their daily bread is made by creating chaos. If chaos were to lessen, so would their incomes.

The politician, the reporter, the psychiatrist with his electric shock machine, the drug manufacturer, the militarist and arms manufacturer, the police and the undertaker, to name the leaders of the list, fatten only upon "the dangerous environment". Even individuals and family members can be Merchants of Chaos.

It is to their interest to make the environment seem as threatening as possible, for only then can they profit. Their incomes, force, and power rise in direct ratio to the amount of threat they can inject into the surroundings of the people. With that threat they can extort revenue, appropriations, heightened circulation's and recompense without question. These are the Merchants of Chaos. If they did not generate it and buy and sell it, they would, they suppose, be poor.

For instance, we speak loosely of "good press". Is there any such thing today? Look over a newspaper. Is there anything *good* on the front page? Rather, there is murder and sudden death, disagreement and catastrophe. And even that, bad as it is, is sensationalized to make it seem worse.

This is the cold blooded manufacture of "a dangerous environment". People do not need this news; and if they did, they need the facts, not the upset. But if you hit a person hard enough, he can be made to give up money. That's the basic formula of extortion. That's the way papers are sold. The impact makes them stick.

A paper has to have chaos and confusion. A "news story" has to have "conflict", they say. So there is no good press. There is only bad press about everything. To yearn for "good press" is foolhardy in a society where the Merchants of Chaos reign.

Look what has to be done to the true story of Scientology in order to "make it a news story" by modern press standards. Conflict must be injected where there is none. Therefore, the press has to dream up upset and conflict.

Let us take the first line. How does one make conflict out of it? No. 1, A philosopher develops a philosophy about life and death.

The Chaos Merchant has to inject one of several possible conflicts here: He is not a doctor of philosophy, they have to assert. They are never quite bold enough to say it is not a philosophy. But they can and do go on endlessly, as their purpose compels them, in an effort to invalidate the identity of the person developing it.

In actual fact, the developer of the philosophy was very well grounded in academic subjects and the humanities, probably better grounded in formal philosophy alone than teachers of philosophy in universities.

The one man effort is incredible in terms of study and research hours and is a record never

approached in living memory, but this would not be considered newsworthy. To write the simple fact that a philosopher had developed a philosophy is not newspaper-type news and it would not disturb the environment. Hence, the elaborate news fictions about No. 1 above.

Then take the second part of the true story. *People find it interesting*. It would be very odd if they didn't, as everyone asks these questions of himself and looks for the answers to his own beingness; and the basic truth of the answers is observable in the conclusions of Scientology. However, to make this "news" it has to be made disturbing. People are painted as kidnapped or hypnotized and dragged as unwilling victims up to read the books or listen.

The Chaos Merchant leaves No. 3 v cry thoroughly alone. It is dangerous ground for him. *People find it works*. No hint of workability would ever be attached to Scientology by the press, although there is no doubt in the press mind that it does work.

That's why it's dangerous. It calms the environment. So any time spent trying to convince press that Scientology works is time spent upsetting a reporter.

On No. 4, *People pass it along to others,* the press feels betrayed. "Nobody should believe anything they don't read in the papers. How dare word of mouth exist?" So, to try to stop people from listening, the Chaos Merchant has to use words like "cult". That's "a closed group", whereas Scientology is the most open group on Earth to anyone. And they have to attack organizations and their people to try to keep people out of Scientology.

Now, as for No. 5, *It grows*, we have the true objection.

As truth goes forward, lies die. The slaughter of lies is an act that takes bread from the mouth of a Chaos Merchant. Unless he can lie with wild abandon about "how bad it all is", he thinks he will starve.

The world simply must *not* be a better place, according to the Chaos Merchant. If people were less disturbed, less beaten down by their environment, there would be no new appropriations for police and armies and big rockets, and there'd be not even pennies for a screaming, sensational press.

So long as politicians move upward on scandal, police get more pay for more crime, medicos get fatter on more sickness, there will be Merchants of Chaos. They're paid for it.

And their threat is the simple story of Scientology. For that is the true story. And behind its progress, there is a calmer environment in which a man can live and feel better. If you don't believe it, just stop reading newspapers for two weeks, and see if you feel better.

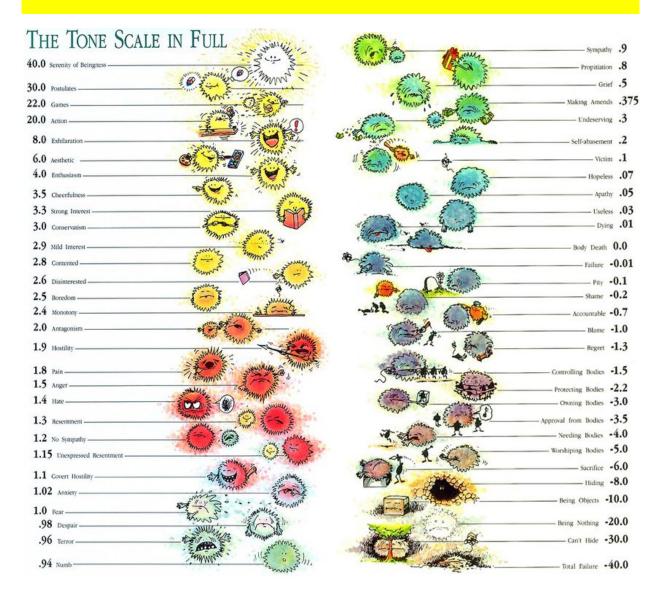
Suppose you had all such disturbances handled?

The pity of it is, of course, that even the Merchant of Chaos needs us, not to get fatter, but just to live himself as a being. So the true story of Scientology is a simple story.

And too true to be turned aside.

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## The Tone Scale in Full



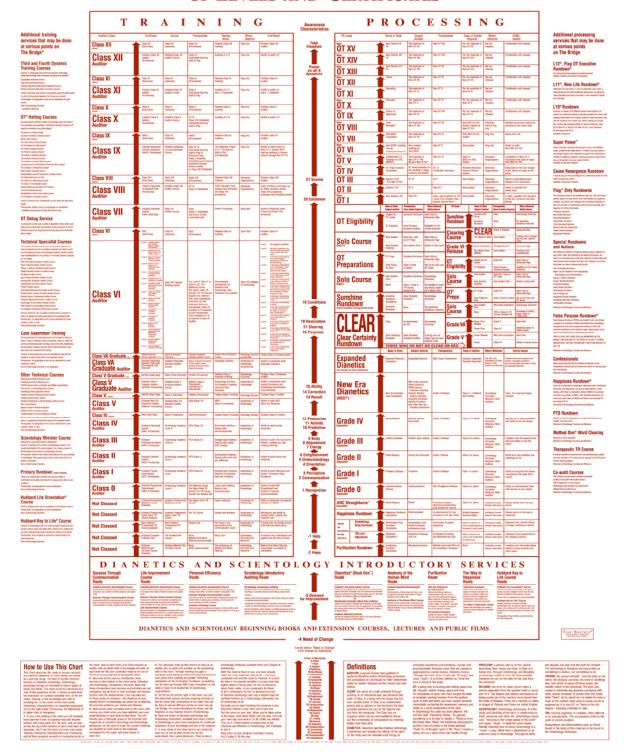
The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

#### Scientology 0-8. The Book of Basics

# THE BRIDGE TO TOTAL FREEDOM

# SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES



#### PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you knowWhat you know is what you knowAnd to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

Of course we can talk about honor, truth, all these things, The esoteric terms.

But I think they'd all be covered very well

If what we really observed was what we observed,

That we took care to observe what we were observing,

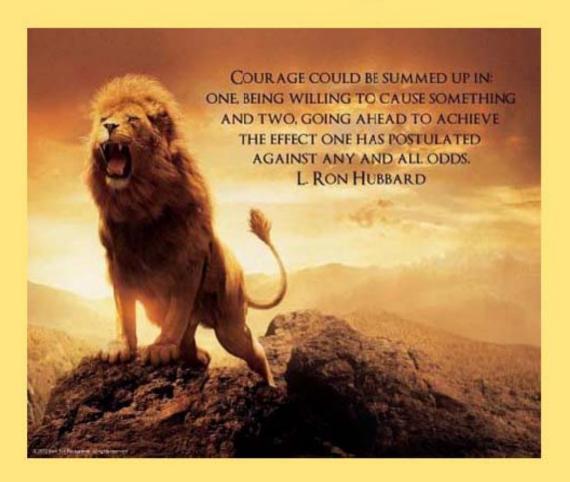
That we always observed to observe.

And not necessarily maintaining a sceptical attitude, A critical attitude or an open mind. But certainly maintaining sufficient personal integrity And sufficient personal belief and confidence in self And courage that we can observe what we observe And say what we have observed.

Nothing in Dianetics and Scientology is true for you Unless you have observed it And it is true according to your observation. That is all.

L. Ron Hubbard Founder

# **Group Starter Kit** for Scientologists



## A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

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# **Expanded Know to Mystery Scale**

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

#### Quote from L. Ron Hubbard

#### THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.



## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Join The Association of Professional Independent Scientologists today and make a difference to your life!

http://independent-scientologistsassociation.net

# Regain your ABILITY and POWER as a Thetan

### by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

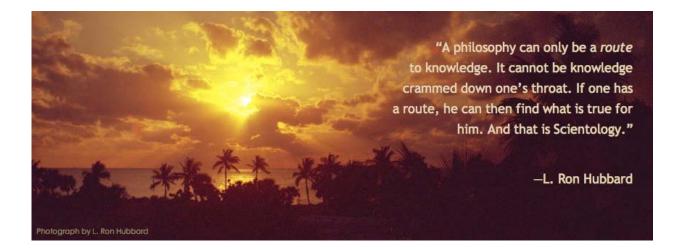
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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